

# THE TRINITARIAN

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## Seminarians

### Trinity Bids Farewell to Seminarians

Seminarian-Priest Christopher Mwawa and Seminarian Tom Pumphrey's last day of service at Trinity was Sunday, May 17, 2003. Father Mwawa is returning to Zomba, Malawi where he will teach history, pastoral theology and Islam at the Zomba Theological College. Seminarian Pumphrey will spend the summer at St. Margaret's Episcopal Church in Woodbridge, Va. and continue his studies for another year at Virginia Theological Seminary. Upon completion of his studies, he plans to return to Ohio. Trinity wishes both Fr. Mwawa and Seminarian Pumphrey God speed and good luck as they continue their religious journeys.

## Rector's Reflection

### St. Peter & St. Paul, 30 June 2003

Beloved,

**W**e live in a world plagued by so many brutal and senseless acts of violence that we have become numb to some forms and yet startled by the effects of others. Institutional forms of violence, often officially sanctioned, numb us while rampant violence terrorizes us. Amid this contrast, the horrible events of September 11, 2001, heightened our awareness and made us more aware of our vulnerability against the potential terror of violence. My own native country, Liberia, after more than a century of peaceful civil governance is ravished by violence and the maliciousness of war. Many people in numerous places now know violence as their constant companion.

I want to speak of violence as a force that inflicts and causes physical and psychological damage and destroys character. Yet it is critical to note that all violence is not the same.

None of us is a stranger to the force of violence in our lives. In birth, we are forced into a new world signaled by an abrupt but necessary separation. Thank goodness, we soon forget the stress of that early trauma and learn to trust and accept the love and affections of those dear to us. But this early experience of violence is an exception. There are two main extremes of violence. There is the force of nature, like a tornado, that strikes a certain kind of fear that is nothing short of a disturbing experience of violence. In contrast, there are human forces of violence undergirded by revenge and retaliation and manifested by war and brutality, not to mention the senseless killing of men, women and children whose deaths portray the horror and unimaginable nature of humanity that can only be described as bestiality. The acts of nature may terrorize us, but they are not a result of malice or deception. Violence in nature is different

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and ought to be distinguished and separated from the vicious acts caused by humans.

Human violence is a cruel and complicated matter. Numerous moments in human history reflect this shame, e.g., the violence of those who enforced and those who suffered silently in the midst of horrors such as slavery, Nazi concentration camps, Jim Crowism, apartheid, ruthless dictatorships, political assassinations and other human rights violations that are dehumanizing and diminish personal dignity.

Unlike nature, power, greed and hatred permeate and perpetuate human violence. And this violence we have come to know and experience on a global scale has its roots and beginnings in our private and personal lives. Feelings of lack of power, the ambition to control, and the desire to have more than we need compounded by hatred simply ignite anger and irrational behavior. Deep-seated anger coupled with bitterness is an unadulterated source of needless violence.

Anger is a seed for violence and is often expressed in three ways – **rage**, **resentment** or **righteous indignation**. **Rage** is uncontrollable anger stimulated not by facts but by feelings. It is ruthless and disrespectful. Rage as a form of violence is usually external and directed to others, but it also corrupts the perpetrator of violence as well. It is the first and most common response to anger. **Resentment** is suppressed anger. Violence caused by resentment is felt internally with ill will that is directed at another person. Such anger poisons and eventually wounds deeply the one who harbors hatred. It is a cultivated response to anger. **Righteous indignation** has both external and internal manifestations. It reflects our relationship with God. It is not directed at any person. It has as its own purpose, the object or particular cause that acts against evil. It is motivated by love and has no desire to do harm. It seeks to rescue the victims and transform the perpetrator of violence. It is a Christian response to anger. But while there may be a time and place for anger, there is no place for violence, especially in the Christian community. Righteous indignation is shaped by our belief in the God who

created us to be a people seeking justice and practicing love. All acts of violence can be viewed as a common response or rage, a cultivated response or resentment, and the Christian response or righteous indignation. And whenever we are faced with the forces of violence, as we most certainly will be, let us consider not only ourselves but also God who created us for himself, for others, our community and for the common good.

Have a blessed and safe summer.

Until next time, I am

Faithfully in Christ,

John Harmon+

**Vestry**

**Vestry Notes**

A memorandum of understanding has been drafted to organize a small working group to be known as the Trinity Development Corporation (TDC) Ministry. This Ministry will serve as a liaison between the vestry and the TDC.

**The Trinitarian Calendar for 2003**

Meeting Dates	Issue	Article Submission Deadline	Distribution Date (Estimate)
January 12	Jan/Feb	January 19	February 2
February 2	March	February 10	March 9
March 2	Easter	March 10	April 6
April 6	Spring	April 10	May 4
May 4	Summer	May 10	July 13
September 7	October	September 10	October 5
October 5	November	October 10	November 2
November 2	Christmas	November 10	December 7

Submit articles to: [bdhoward@alum.syracuse.edu](mailto:bdhoward@alum.syracuse.edu) and [m2moore@comcast.net](mailto:m2moore@comcast.net)



### Location

The ECC and J2A use the rooms downstairs for their classes. Children's chapel is held downstairs in the large room known as the Undercroft.

### What We Did This Year

We had a busy and exciting year filled with activities and bible lessons for the children.

The **Preschool-Kindergarten, Ages 4-5** were taught lessons that included the following themes: **PRAYING, OBEDIENCE, FAITHFULNESS, THANKFULNESS, SHARING, CARING, LOVE and TRUST IN GOD.**

Lessons for the Pre-K age class were taken from the "Chalice" Episcopal Children's curriculum. These are some of the lessons that were taught:

1. PROMISE – GOD showed a rainbow; the focus was the rainbow is a sign of GOD's promise to care for us always.
2. PROMISE –Moses was found in the Bulrushes; the focus was the baby Moses. He later received the Commandments from GOD and began to bring order into the community of Israel.
3. PROMISE –Moses heard GOD in the burning bush; the focus was Moses' meeting with GOD at the burning bush. He made his ways known to Moses and his works to the children of Israel.
4. JESUS: STORYTELLER - The lost sheep is safe; the focus was a sheep that wandered away from home and the shepherd went to find it and brought it back home safely. GOD reaches out to all people and not simply to those who are safely in his fold.
5. JESUS: STORYTELLER - Jesus is the good shepherd; the focus was Jesus knows us by name and calls us to follow him.
6. THE CHURCH PRAYS - We pray like Jesus; the focus was the Lord's Prayer.

To help the children grasp and understand the lessons taught, activities were made part of their lesson plan including coloring, painting, drawing, creating, story telling, games and acting. The children were encouraged to express themselves by sharing their

experiences with the other children. They were also encouraged to discuss their understanding of the lessons taught and to listen to others.

### Primary Class, Ages 6-8

Lessons for this age group were taken from the "Shell" Episcopal Children's curriculum. Among the various lessons taught, were Baptism, John the Baptist, the story of Joseph and how he ended up in captivity, Jesus the Healer, Moses, the Eucharist, Noah's Ark, the Easter Story, Lent and Advent.

This year the primary group was engaged in a variety of activities both during class time and after the Children's Chapel Service. Activities included but were not limited to painting, coloring, arts and crafts, bible story telling, reading, and rehearsing for the Christmas play. The children learned the 23<sup>rd</sup> Psalm by repetition. Before closing for the summer, they started learning the 10 Commandments, using poster cards with beautiful illustrations for each commandment. The children in this class also participated in last year's Christmas play.

True to our motto of "**Teach one. Teach All,**" on a few Sundays we combined the **Pre K and Primary** children in one class on days when either class had only one or two children present. Combining classes tended to foster strong friendships among the children.

### Intermediate Class, Ages 9-10

The students began the year by studying the prophets of the Old Testament: Amos, Isaiah, Jeremiah, Ezekiel, and Micah. They learned how all the prophets preached the same message of repentance, worshiping and returning to God to the people of Israel. They also learned that God loves His people in spite of their sins. The class continued its genealogy of Jesus, his birth and ministry on earth. They studied the parables that Jesus told and allowed the students to share their meaning and understanding of the Kingdom of Heaven. *Glory to God! These children are beginning to grasp the concept.* This class concluded their studies on the Eucharist, briefly touched on the Catechism, and participated in last year's Christmas play.

### Children's Choir

Thanks to their director, Barbara Maxwell, the Children's Choir has really done a wonderful job this year. The children are very excited about their membership. On the last Sunday of the month, the children present their musical skills during Trinity's 10:30am service.

### Highlights

This year also included a Multicultural Day event. We all indulged in various delicacies from the diverse cultures represented at Trinity Episcopal Church.

The children and youth were also engaged in "theme specific" activities related to the Easter, All Saints and Advent Seasons. On Palm Sunday the children and teachers joined Trinity's congregation in a festive procession through the neighborhood in observance of Jesus' entry into Jerusalem singing to a trumpet player's horn, "All glory laud and honor."

### Closing Ceremony

We ended the year with a colorful, excitement-filled closing ceremony in the Undercroft. The children helped tie brightly colored balloons to the chairs to create the festive atmosphere and set up the room for the award ceremony. The event began with an opening prayer offered by Orlando Anderson, followed by opening remarks from the ministry's Director, Conchita Little. Next, teachers and volunteers were acknowledged for their hard work in the spiritual development of Trinity's children and youth. Father Harmon joined us to share his closing remarks. He engaged us in a brief discussion about the Holy Spirit and blessed us with the sprinkling of Holy Water. The children shrieked with delight as the cold drops of water touched their faces. Father Harmon also shared with us the words used in his culture to describe the Holy Spirit and asked for words used in other cultures present that day. The children received their certificates and gift bags and were treated with an ice cream social following the ceremony.

Our reopening date will be noted in the August church bulletin.

### Summer Break

Trinity's Children & Youth Ministry program is currently closed for the summer—a much needed break for the teachers and volunteers. This break gives teachers a chance to reflect on future lesson plans.

### For Further Information

A calendar of upcoming events and programs may be obtained in late August and during the school year from the Children & Youth program office located on the lower level. Parents and guests are encouraged to visit and meet the teachers and volunteers, see the classrooms and children's activities posted on the walls in each room and express their thoughts and/or suggestions for the program.

Parents are encouraged to mark their calendars with pertinent dates so that they may be aware of their child's or children's need to participate.

### A Call for More Teachers and Students

Trinity's children & youth program continues its search for more volunteers, teachers and guest speakers. If you can volunteer to teach or help out at least one Sunday (or more) a month please feel free to contact Rita Nampijja, Conchita Little, or Beverly Hall Chandler through the Parish Office. We look forward to a new year filled with yet more activities and bible lessons.

It is our hope that more parents will enroll their children in the program. As has been observed, the children benefit both spiritually and socially. The teachers and volunteers are also spiritually nurtured by the experience of their role in the ministry. The more teachers and volunteers we have, the easier it will be to schedule weekly assignments with more consistency. We strongly encourage creativity and believe the more help we have in the ministry, the more creative ideas will be shared.

### A Word of Thanks

Trinity's Children & Youth ministry currently has a team of 9 teachers for Sunday School and 4 teachers for the Youth ministry. Working together to foster the Children

## TECW

## Trinity Episcopal Church Women

TECW is committed to recognizing and encouraging young people who have demonstrated outstanding academic achievement and who have actively participated in activities at Trinity. Dayton Duncan, who graduated from John F. Kennedy High School in June, received a scholarship from TECW at its Annual Scholarship Luncheon held June 23. Dayton will be attending Temple University in the Fall.

This year, TECW in addition to presenting a scholarship to an outstanding high school graduate, recognized three Trinity students who are currently in college and have continued their excellent academic performance. Each received a financial contribution from TECW to encourage them in pursuing their scholastic goals. The 2003 recipients are: Erica Weaver, University of Maryland (Princess Anne); Nikki Mathews, Howard University; and Thamar Davis, Averett University (Danville, Va.).

## Success

*He has achieved success—  
Who has lived well, laughed often and loved  
much;  
Who has earned the respect of intelligent men,  
the trust of pure women and the love of little  
children;  
Who has filled his niche and accomplished his  
tasks;  
Who has left this world a better place than he  
found it, either by an improved poppy, a  
perfect poem or a rescued soul;  
Who has never lacked appreciation of Earth's  
beauty or failed to express it;  
Who has looked for the best in others and given  
the best he had;  
Whose life was an inspiration;  
Whose memory is a benediction.*

—Betsy Marchant

Submitted by Norah Hall



Thanks to Rick Martin

06-03-2003

**GOOD THING I'M A CHRISTIAN ... AT LEAST  
I KNOW SOMEONE SAW THAT HOLE IN ONE**

# SUMMER BIRTHDAYS

## JUNE

- 1 Malcom Jordan-Nelson  
2 Whitney Beth Adams  
4 Shirley Williams  
Bud Ward  
Delores Ford  
Frank Graves  
Obiomachukwu Nnaji  
Susan Legall  
5 Nnenna Nwadiogo  
6 Henry Ogbuokiri  
Richard Nwoke  
7 Regina Sanders  
Bradley Howington  
Anthony Snively  
Cameron Bauserman  
Tiffany Jacobs  
8 Emmanuel Onyeukwu  
Dorah Ahaghotu  
Bette Walls  
9 Kelechi Anyanwu  
Hester Adams  
Kimetha Francis  
10 Nollie Murchison  
Lucille Burnett  
Simone Hudson  
11 Ngozi Nmezi  
12 Whitney Adams  
Noble Uneze-Okeke  
Beverly Burke-Saunders  
13 Monica Nwokorie  
Magretta Cox  
Tochukwu Nwankwo
- 14 Baldwin Osuji  
Pedro Egwin  
Michele Tucker-Jeffrey  
Nkechinyere Njoku  
Andrew Smith  
15 Chinanyekpere Nnaji  
16 Chioma Uneze  
Tiffany McKinley  
Victor Reid  
Nicole Johnson  
17 Chima Ogbuokiri  
Grillian Carey  
Ezenwa Onyema  
Wayne White  
18 Christopher Adams  
19 Marchelle Mullings  
Sara Packard  
20 Terri Smith-Moore  
Muriel Arnold  
Omosade Olaiya  
21 Christy DeBoe-Hicks  
Theresa Onyeka  
Onyinyechi Ogbumbadugha  
Chika Ezenwachi  
Allison Jarvis  
Patricia Harvey  
23 Lois Gaillard  
Chioma Njoku  
24 Lisa Hill  
Anne Malone  
Amaechi Nwadiogo  
Uzoma Onuoha  
Adrienne Vyfhuis  
Chinedu Okoro  
25 Aniki Randolph

- 26 Chika Chuku  
Gavin Jackson  
Arthur Taylor  
27 Moses Osuji  
Robert Ezenwachi  
Christine Namutebi  
Novell Whitehead  
Geraldine Middleton

## JULY



- 1 Tawanna Purnell  
Stanley Gainer  
2 Oluchi Olaiya  
3 Jeffrey Mensah  
Elrey Brann  
Elizabeth Cocke  
4 Tracy Walton III  
Delisa Mitchell  
Noah Legall  
5 Justin Harmon  
6 Azubuike Ogbuokiri  
Nathaniel Saunders  
7 Phillip Green  
Dayton Duncan  
Gloria Onuoha  
8 Karen Johnson White  
Sherra Daniels  
9 Alicia Mills  
10 Cora Dixon  
11 Logan Sampler  
Ikechukwu Nwadiogo


- 12 Thodore Legall  
Angela Twitty-Adams  
Andrea Twitty  
Eberechukwu Opaigbeogu  
Ulumma Ukaegbu  
13 Chinweze Ahaghotu  
14 Terese Lowery  
Kashanna Fair  
15 Ethel Nwoke  
Lewis Wilson, Jr.  
Nahyo Smith-Nicolas  
Lewis Wilson III  
16 Ijeoma Chuku  
Jacqueline Smith  
Naidi Ahaghotu  
17 Chima Ogbuokiri  
Alan McQueen  
Wayne White  
Bianca Gordon  
18 Adamaka Ezenwachi  
19 Stephanie Anderson  
Yvonda Agbara  
20 Ruth Bean  
Ikechi Chuku  
Chiedum Nnadi  
Doris Browne  
21 Kenneth E. Walker  
Nneka Ugorji  
Chinemerem Opaigbeogu  
Jostiah Ukaegbu  
22 McKinley Johnson  
23 Roland Hercules  
Jasper Nnagi
- 24 Milton Robinson  
Malcom Egwim  
Dionne Hewling  
25 Sherwood Dickerson  
Orlando Anderson, Jr.  
Orlando White  
26 Jason Arnold  
Charles Tolbert  
27 Uloaku Ogbuokiri  
Chinwe Ukaegbu  
Edith Ezinne  
Eubenie Lewis  
28 Adaego Ahaghotu  
Preston Taylor  
Paul Clements  
Nnamdi Okoro  
Norma McCray  
Veronica Pierson  
29 Kirk Hewling  
30 John Williams  
Beverly Hall-Chandler  
Glenn Acham  
Nile Simon Smith  
31 Uchenna Ahaghotu  
Sean DeShields Webber  
Ogochukwuka Emordi

## AUGUST

- 2 Ulonda Shamwell  
Sara Ezinne  
3 Steven Smith  
Othneil Hercules  
Tiffany Uzegbu  
Chinyere Nwogu  
Ugonna Onyenkwo

continued on p. 10

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>JULY 2003</b>						
		<b>1</b> 10:30am Tower Worship 8:30pm AA/AI Anon	<b>2</b> 11am Tai Chi 12:15pm Mass 7pm Bible Study 7:30pm AI Anon	<b>3</b>	<b>4 Fourth of July</b> OFFICE CLOSED 8:30pm AA	<b>5</b>
<b>6</b> 8am Eucharist 9am Adult Forum 10:30am Eucharist	<b>7</b>	<b>8</b> 10:30am Tower Worship 7pm Fin. Cmte. Mtg. 8:30pm AA/AI Anon	<b>9</b> 11am Tai Chi 12:15pm Mass 7pm Bible Study 7:30pm AI Anon	<b>10</b>	<b>11</b> 8:30pm AA	<b>12</b>
<b>13</b> 8am Eucharist 9am Adult Forum 9am DoK Mtg 10:30am Eucharist 12:30pm TAS Reception for Grads	<b>14</b>	<b>15</b> 10:30am Tower Worship 8:30pm AA/AI Anon	<b>16</b> 11am Tai Chi 12:15pm Mass 7pm Bible Study 7:30pm AI Anon	<b>17</b> 7pm Choir Rehearsal	<b>18</b> 8:30pm AA	<b>19</b> 12noon McHugh/ Hutton Wedding
<b>20</b> 8am Eucharist 9am New Member Breakfast 9am Adult Forum 10:30am Eucharist/ Holy Baptism	<b>21</b>	<b>22</b> 10:30am Tower Worship 8:30pm AA/AI Anon	<b>23</b> 11am Tai Chi 12:15pm Mass 7pm Bible Study 7:30pm AI Anon	<b>24</b> 7pm Choir Rehearsal	<b>25</b> 8:30pm AA	<b>26</b>
<b>27</b> 8am Eucharist 9am Adult Forum 10:30am Eucharist	<b>28</b>	<b>29</b> 10:30am Tower Worship 8:30pm AA/AI Anon	<b>30</b> 11am Tai Chi 12:15pm Mass 7pm Bible Study 7:30pm AI Anon	<b>31</b> 7pm Choir Rehearsal		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>August 2003</h1>						
					<b>1</b> 8:30pm AA	<b>2</b>
<b>3</b> 8am Eucharist 9am Adult forum 10:30am Eucharist	<b>4</b>	<b>5</b> 10:30am Tower Worship 8:30pm AA	<b>6</b> 11am Tai Chi class 12:15pm Mass 7pm Bible Study 8:30pm AI Anon	<b>7</b> 7pm Choir rehearsal	<b>8</b> 8:30pm AA	<b>9</b>
<b>10</b> 8am Eucharist 9am Adult forum 9am DoK 10:30am Eucharist 12:30pm TAS Honors reception	<b>11</b>	<b>12</b> 10:30am Tower Worship 8:30pm AA/AI Anon	<b>13</b> 11am Tai Chi class 12:15pm Mass 7pm Bible Study 8:30pm AI Anon	<b>14</b> 7pm Choir rehearsal	<b>15</b> MOT trip to Orioles game 8:30pm AA	<b>16</b>
<b>17</b> 8am Eucharist 9am Adult forum 10:30am Eucharist	<b>18</b>	<b>19</b> 10:30am Tower Worship 8:30pm AA/AI Anon	<b>20</b> 11am Tai Chi class 12:15pm Mass 7pm Bible Study 8:30pm AI Anon	<b>21</b> 7pm Choir rehearsal	<b>22</b> 8:30pm AA	<b>23</b>
<b>24</b> 8am Eucharist 9am Adult forum 10:30am Eucharist	<b>25</b>	<b>26</b> 10:30am Tower Worship 8:30pm AA/AI Anon	<b>27</b> 11am Tai Chi class 12:15pm Mass 7pm Bible Study 8:30pm AI Anon	<b>28</b> 7pm Choir rehearsal	<b>29</b> 8:30pm AA	<b>30</b>
<b>31</b> 8am Eucharist 9am Adult forum 10:30am Eucharist						

# SUMMER BIRTHDAYS/ANNIVERSARIES/HIGHLIGHTS

## AUGUST continued

- 4 Linda Cook  
Udokanma Ahaghotu  
Isaac Marks
- 5 Marcia Mullings  
Claudette Cox
- 6 Chijioke Onyekwere, Jr.
- 8 Theresa Anderson  
Sybil Barnaby
- 9 Ozoemena Ahaghotu  
Fitzroy Mills  
Cyrisse Russell  
Brian Thompson
- 10 Uchechi Nwokorie  
Uchenna Nwokorie  
Fitzhugh Brown
- 11 Leonie Lynch-Bailey
- 14 William Rice  
Marina Khatin
- 15 Ogochuku Ahaghotu  
Amako Ahaghotu  
Candace Reeder
- 16 Robert J. Moore  
Wilhelmina Carter  
Ray Hall  
Bakia Parker  
William Porter
- 17 Ashley Irvin  
Carmen Nelson-Edwards
- 18 Julia Anne Kennedy  
Zahra Parker  
Nnamalca Nwakache  
Joe-Brenda Musgrave
- 19 Chiledum Ahaghotu
- 20 Austin Purnell  
Britney Agoha
- 21 Carol Allen  
Hilary Jones  
Jasmine Thompson
- 22 Sondra Legall  
Stephen Agbara  
Iya Bowale Olaiya  
Allan Robert Thorson
- 24 Julia Harris  
Arthur Kwogu
- 25 Turea Walker  
Chukwudi Ahaghotu
- 26 Earlene Owens  
Arthur Nwogu  
Pearl Yarborough
- 27 Thomas Roberson
- 28 Grace Orsini  
Edith Crutchfield
- 29 Alexander Cotton  
Dolores Thompson
- 30 Chidiebere Ukaegbu  
Obizie Ugorji  
Theodore Carey
- 31 Stanley Okoro

## ANNIVERSARIES

### June

- 5 Fitzroy and Barbara Mills 6 John and Shirley Williams 6 Orlando and Lisa White  
11 Frederick and Susan Carter 12 Alexander and Mary Reher 13 William and Muriel Arnold  
20 Gerald and Ulonda Shamwell 28 Michael and Marcia Mullings 29 Sydney and Norah Hall  
29 Stanley and Hortense Gainer 29 Chidi and Nnenna Ugorji

### July

- 1 Marshall and Tawanna Purnell 6 Stephen and Marica Mitchell 13 Clifton and Nancy Lucas Grandy

### August

- 2 Elizabeth and Ruben Orduna 3 John and Maria Egwim 5 Carol and Harold Allen  
9 Robert and Sara Bumbary 23 Desmond and Grace Njoku 26 Jonathan and Carole Broadnax  
26 Vincent and Theresa Onyeka 26 Arthur and Ngozi Nwogu 27 Richard and Ethel Nwoke  
27 Samuel and Valentina Nwosu

## HIGHLIGHTS

### July

- Trinity Appreciation Society Graduation Reception July 13 12:30pm  
New Members' Breakfast July 20 9:00am

### August

- Trinity Appreciation Society Honorees Luncheon August 10 12:30pm  
Men of Trinity Trip to Camden Yards August 15

## Mid-year Parochial Meeting

Trinity Episcopal Church  
 Sunday, June 22, 2003  
 10:30 am – 12 noon

Notes from the meeting...

Janice Booker, Senior Warden, made opening remarks.

The Trinity Strategic Plan was distributed.

Father Harmon, citing the focus on senior and youth ministries, stated that a comprehensive plan for the youth ministry has been developed and will be tested this summer. He stated that Rev. Andrea Hayden's focus will be on youth education. He urged the congregation to focus on a full-time assistant minister at Trinity.

Each Vestry member introduced him/herself and stated his/her area of responsibility (ministry).

In response to a question concerning the status of the review of the Rector, Janice Booker said that the Vestry would conduct that evaluation on the evening of June 13 in the form of a mutual ministry review.

Joyce Berthoud suggested that a columbarium (a vault with niches for urns containing the ashes of cremated remains) be installed at Trinity.

Ann Roberts cited the deplorable condition of the accommodations for the Sunday School. Sydney Hall indicated that he would meet with the Sunday School committee to address their concerns.

Father Harmon asked the congregants to consider having a third worship service to serve better the needs of the congregation.

Mabra Barge expressed concern for the lack of parking near the church and asked the Vestry what they have considered doing about it. This lack of parking is a serious inconvenience to seniors and others.

Ann Roberts announced that no child over four years of age can come into the nursery unless accompanied by an adult 18 years of age and older.

Raymond Blanks reminded everyone to watch the PBS series, "This Far by Faith," which will premiere the week of June 22.

—Notes submitted by Norma McCray

## Expression of Christian Sympathy Extended to...

Carol Crecy and family on the death of her husband Lawrence Friday, June 27, 2003. A memorial service was held at Trinity Thursday, July 3, 2003.

Mary Johnson on the death of her aunt Nettie Morrison of Spartanburg, S.C. Services were held in South Carolina on July 6.

Eileen and Compton Vyfhuis and family at the loss of her mother Mrs. Kathleen George in early June.

John and Debbie Bauserman and family at the loss of his mother Claire Philips in mid June.

Herman Murray and family on the death of his wife Louise Murray on Wednesday, May 7. Services were held at Greater Tyson Temple in Southeast Washington, D.C.

*May their souls rest in peace.*

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We will print Expression of Christian Sympathy as a means of sharing yet another part of our existence as a church family. We have gathered the information from the Sunday bulletins, but would be grateful to receive any other notices of loss that we may not otherwise be aware of.

and Youth's growth in their walk with Christ, the teachers also work with the Rector, Seminarians, Ushers, Lay Readers, Church Staff and parents. We thank you all for your interest and support.

A word of thanks to **Jeffphine Dawson** and **Toni Ward** for volunteering to help out and fill in for teaching roles when needed. In September, Jeffphine will be continuing as a teacher for the 6-8 year old age group. The following Trinity members have volunteered their services on an as needed basis: **Joyce Berthoud** (fund raisers and preparing meals), **Tony Hammond** (chaperon), **Compton Vyfhuis**, **Kathy Deboe** (Chaperon and substitute teacher once during the year), **Barbara Maxwell** (music), and **Bette Walls** (assist with special lessons, special trips and programs).

Last but not least, I take this opportunity to acknowledge the work of all the teachers who have worked so hard and willingly for Trinity's Children & Youth Ministry. **Conchita Little, Beverly Hall Chandler, Cheryl Freeman, Sophia Pollack, Gleeson Young, Marcia Mullings, Michael Mullings, Sophia Okonkwo, Sharon Drummond, Adrienne Vyfhuis, Lucien Cox and Keesha Perkins.** Thank you so very much! Your commitment to this ministry means a lot to the spiritual development of our children and youth. I trust too, that you are also enriched spiritually in the process. May the Good Lord continue to bless and empower you as you continue in His Service.

### Reflection

I like to reflect on teaching or volunteering in Trinity's Children & Youth Ministry as planting a seed. Seeds, if left in a packet will, never bear fruit. They will only grow if they are planted, watered and kept warm. The soil, in effect must retain the seed. The spiritual development of our children and youth begins with receiving and retaining God's Word. One way to achieve this is for us to be actively engaged in their spiritual growth and development.

In Luke's record of Jesus' parable of the seed, we learn that the good seed ".....stands for those with a good and noble heart, who hear the word, retain it, and by persevering produce a crop." —Luke 8:15.

As we reflect on these words, may we be encouraged to serve in Trinity's Children and Youth Ministry by having God's Word firmly rooted in the soil of our soul. We will all be blessed by seeing the beginning of a bountiful spiritual harvest as we share this knowledge with our children and youth.

*Jesus said, "Whoever welcomes the little children in my name, welcomes me."*

Once again, I thank you all for your support. Please keep the Children & Youth Ministry in your prayers. Wishing you all a blessed and safe summer.

May God richly bless you.

Yours In His Service,  
*Rita J. Nampijja,*

### Remember

*The road to success is not straight. There is a curve called failure, a loop called confusion, speed bumps called friends, red lights called enemies, caution lights called family and you will have flats called jobs.*

*But...if you have a spare called determination, an engine called perseverance, and insurance called faith, and a driver called JESUS; you will make it to a place called success.*

*Submitted by Barbara Maxwell*

## SHARED EXPERIENCES

**The Modern Day Prophet (Unknown Man)***Submitted by Chiemeka Okaigbeogu*

It is my belief that parishioners can benefit from a column in *The Trinitarian* which features *testimonials* of the goodness of God, those of faith, trying experiences, and victory; a column of shared experiences. My prayer is that through shared experiences, we learn that God is watchful and always present in our lives.

Mark 1:15 *The time is fulfilled, and the kingdom of God is at hand: repent ye, and believe the gospel.*

Some time ago, I was a deacon in a small storefront Pentecostal church located in the District of Columbia. One weekday, I was standing on the front steps of the church with the pastor and other deacons when an unknown man began to approach us. I studied him carefully as he approached because the church was located in an area that was not the safest part of the city. The man appeared destitute and haggard. He wore a long trench coat even though it was summer and the weather hot. The coat and the rest of his clothing were unclean, tattered and torn in a number of areas. He appeared both excited and excitable. The man was quite tall and his face was covered with unkept long hair. We were all very guarded until we noticed that the man carried a Holy Bible in his hand; however, we did not take our eyes off of the man as he inched closer. When he was within six feet of us, the man stooped and began to speak. Actually, he began to prophesy.

The unknown man quoted scripture and portions of the Bible without opening a page of the Bible he held in his hand. As the man spoke, it became apparent that he was speaking about our pastor and church. The man made reference to intimate present situations that were occurring in the church. No outsider could have knowledge of these events. The man also made reference to events that would occur in the future. In essence, our church would ultimately disintegrate if we did not change our ways. The sentiments shared by the un-

known man were not flattering. In fact, the statements made us uncomfortable. With respect to our pastor, the man made accusatory and damaging statements. As church officials and loyal members of the church, we were quick to judgment concerning this unknown man. We considered him a lunatic. As friends of the pastor, we were irate. We wanted to do this man bodily harm. As much as we wanted to pounce on him, the Spirit of the Lord kept us from moving. We requested several times that the man move on. We verbally threatened the man. Despite our efforts to create fear, the unknown man stood his ground and continued to speak. Church members had now gathered and were listening to this man's rambling. We did not like this fact, but we could do nothing about it. The more the man talked, the angrier we became and the more our pastor denied that the man's comments were true. I tried not to believe the man's statements but the effect of the statements was to leave my faith challenged and my spirit troubled. Some of the events that the unknown man was speaking about were already happening. I later learned that the future events talked about occurred exactly as prophesied.

I will not go into detail about the particular events that were transpiring in the church. That is not the focus of this article and not significantly important. What is important is the net effect of the cumulative actions. The unknown man did not tell us anything new. The church was already going through many changes and difficulties. Members were already leaving the church and whispers of hypocrisy were developing into highly audible declarations. As a church we were so busy trying to save others that we never took the time to examine our own spiritual life and commitment. In retrospect, we should often have challenged the pastor and leadership to adhere to fundamental scriptural teaching and worship. We could have prayed together more as a community of faith. We failed to hold the leadership accountable. We failed to hold ourselves accountable. We waited too long to act and the ultimate result, albeit after I had already left the church, was the dissolution and disintegration of the church.

The unknown man's words did not cause the disintegration of the church. If we had listened to him,

we may have been able to save our church. It is disheartening to think that if the man came to us in the form of a well dressed evangelist or a well respected and highly honored man of the Lord, we may very well have paid attention and taken heed of his warnings. I now understand more fully the Hebrews 13:2 scriptural text that states: *"Be not forgetful to entertain strangers: for thereby some have entertained angels unawares."* As deacons representing the church leadership, we should have been more inviting to the unknown man. Yet, wrapped in foolish pride and clothed with a cloak of superiority and self worth, we were ready to do him harm. What sort of witness was that? Were we being the salt of the earth and the light of the world?

I thank God for sending the unknown man to us that summer day years ago. The experience gave rise to a period of deep spiritual reflection that ultimately caused a spiritual change in my life. I grew from the experience. And although I have lost contact with members of that former church community, I have no doubt that those persons who experienced the incident with the unknown man also grew spiritually from the experience. The experience was that powerful. Today, let us be mindful of strangers in our midst. Let us be attentive, watchful and prayerful. Let us not get so involved in ministry and work that we forget to hold ourselves and our spiritual leaders accountable. But most of all, let us be not forgetful to entertain strangers, for thereby we will be aware, and not entertain angels unaware.

God Bless you all.

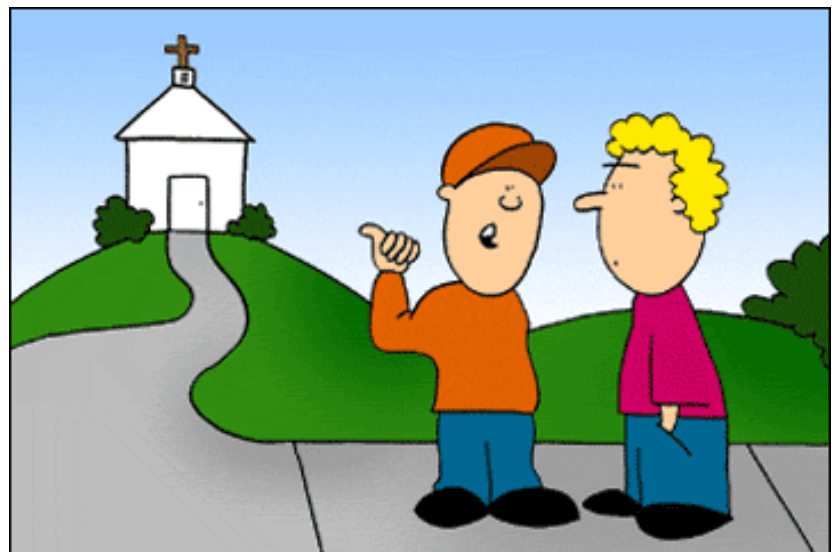
## Milestones

### Holy Baptisms

Congratulations to Kellie Christine Thomas, Kelechi Obialo Ogbuokiri and Kyre Michael Shamwell who were baptized Sunday, May 4, 2003. We welcome them as the newest members of our Christian community.

### 2003 Trinity Graduates

Congratulations to Rhonda McCormick, Eleanor Roosevelt Senior High (Maryland); Dayton Duncan, John F. Kennedy High School; Duane Vyfhuis, Morgan State University; and Tiara Davis who was promoted from the sixth grade.



07-08-2003

**I USED TO GO TO THAT CHURCH, BUT WHEN THEY WENT ONLINE AND THEIR SERVER KEPT CRASHING I ASSUMED THAT THEY WEREN'T CLOSE ENOUGH TO GOD**

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## Humor

*Submitted by Rita Nampijja,  
Children & Youth Ministry*

### A Child's Perspective on the Bible

The parents of a 5 year old read him the bible every night. After each lesson, they would ask him what he learnt from the bible that night. This continued every night. One night, when the parents asked their son what he had learned, the boy joyfully jumped up and said, "Dad! Mom! I now know exactly what the bible means?"

Parents, "What does the bible mean son?"

Son, "It means, **Basic Instructions Before Leaving Earth!**"

— **Author unknown.**

### A Lawyer, a Rabbi, and a Hindu

A lawyer and two friends—a Rabbi, and a Hindu holy man—had car trouble in the countryside and asked to spend the night with a farmer. The farmer said, "There might be a problem. You see, I only have room for two to sleep in the house. So one of you must sleep in the barn." "No problem," chimed the Rabbi. "My people wandered in the desert for forty years. I am humble enough to sleep in the barn for one evening." With that he departed to the barn, and the others bedded down for the night. Moments later a knock was heard at the door; the farmer opened the door. There stood the Rabbi from the barn. "What's wrong?" asked the farmer. He replied, "I am grateful to you, but I just can't sleep in the barn. There is a pig in the barn, and my faith believes that is an unclean animal."

His Hindu friend agrees to swap places with him. But a few minutes later the same scene reoccurs. There is a knock on the door. "What's wrong?" the farmer asks.

The Hindu holy man replies, "I, too, am grateful for your helping us out, but there is a cow in the barn. In my country cows are considered sacred and I can't sleep on holy ground!" That left only the lawyer to make the change. He grumbled and complained, but went out to the barn. Moments later there was another knock on the farmer's door. Frustrated and tired, the farmer opens the door, and there stood the pig and the cow.

—**Author Unknown**

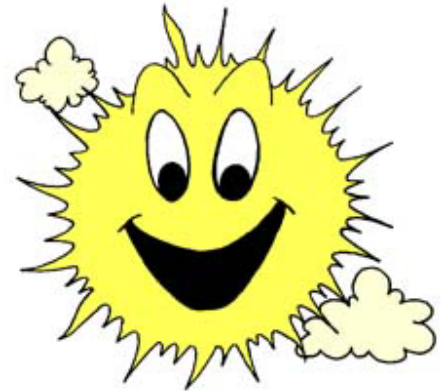
### How to Stay Young

1. Throw out nonessential numbers. This includes age, weight and height. Let the doctor worry about them. That is why you pay him/her.
2. Keep only cheerful friends. The grouches pull you down.
3. Keep learning. Learn more about the computer, crafts, gardening, whatever. Never let the brain idle. "An idle mind is the devil's workshop." And the devil's name is Alzheimer's.
4. Enjoy the simple things.
5. Laugh often, long and loud. Laugh until you gasp for breath. Laughter, is indeed, good for the soul.
6. The tears happen. Endure, grieve, and move on. The only person who is with us our entire life, is ourselves. Be ALIVE while you are alive.
7. Surround yourself with what you love, whether it's family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge.
8. Cherish your health: If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help.
9. Don't take guilt trips. Take a trip to the mall, to the next county, to a foreign country, but NOT to where the guilt is.
10. Tell the people you love that you love them, at every opportunity.

—**Author George Carlin**

*The Trinitarian* experience has been rewarding this year as in the past. With this summer issue, the *Trinitarian* volunteers take two months to regenerate and look forward to our continued ministry, starting in October.

Have a blessed summer.



The Reverend John T.W. Harmon, *Rector*  
 The Reverend Canon Earl Neil, *Assistant*  
 Andrea Hayden, *Asst. Rector, Youth Education*  
*Ministry*  
 Priscilla Gay, *Parish Secretary*  
 Robert Belt, *Sexton*  
 Michael Clarke, *Organist/Choir Director*  
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 Sydney Hall, *Junior Warden*  
 Vincent Adams      Chiemeka Opaigbeogu  
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**THE TRINITARIAN**

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